926363 ONTARIO LIMITED presents

SOUL MASTERS:
DR. GUO & DR. SHA

Directed and Produced by
Sande Zeig

Available in PPV Video Streaming and on DVD at:
www.soulmastersmovie.com

© 2008, color, 83 minutes.
In English and Mandarin with English subtitles.
Also available in French, German, Japanese, Mandarin and Spanish.

Press Contact:
Nancy Willen
Acme PR
310.963.3433
nancywillen@mac.com
“I have the power to heal myself. 
You have the power to heal yourself. 
Together, we have the power to heal the world.”

- Dr. Zhi Gang Sha

SYNOPSIS

In China, it is said that Dr. Guo can cure the incurable. When his representative in the West, Dr. Sha, heals her ailing father, American filmmaker Sande Zeig follows his return to China to visit his mentor. At Dr. Guo’s clinic, she captures first-ever footage of breakthrough medical practices involving herbal medicine, fire massage and self-healing techniques. Dr. Sha returns to the States and his teachings spread across North America and Europe. Expanding on Dr. Guo’s work, he teaches people the revolutionary discovery that binds these two Soul Masters: everything has a soul, and the soul can heal.

ABOUT THE PRODUCTION
by Director/Producer Sande Zeig

MEETING MASTER SHA

When my brother Jeff called to tell me that a doctor of Chinese medicine was going to give our father a healing, I was surprised.

Jeff excitedly explained that we – he, my sister and I – were going to meet Dr. Sha that night. It was only the day before that I had arranged for my father to convalesce at a rehabilitation center after being discharged from Mayo Clinic with a life-threatening condition.

On the drive from Tucson to Phoenix, I learned that Dr. Sha was doing a workshop in Phoenix, and one of his students suggested that he meet my brother who is the Founder and Director of the Milton H. Erickson Foundation.

When we arrived at the rehabilitation center, Dr. Sha asked us to stand with our right hands in prayer position, and the left hands over our hearts while he did the healing. Then he announced he was going to do a karma clearing for my father. We had no idea what that really
meant, but my sister and I felt that something – something powerful – had happened. When asked, my father said he definitely felt better.

After the healing, we left my dad to rest and all went to dinner. Dr. Sha mentioned that he was going to take sixty students to China to meet his teacher, Dr. Guo, and to study herbal medicine. For reasons beyond my comprehension, that sounded like a great idea. I responded that I’d like to go. Everyone was very encouraging and said that if I wanted to go, then I certainly should. Then I asked when they were leaving, and Dr. Sha said, “in two weeks.” Amazingly enough, two weeks later I was in China.

MAKING A MOVIE

I felt very strongly that there was an interesting movie to be made about Dr. Sha and his work. In December 2005, when I went to China that first time, I became convinced. Six months later I was back in China on a movie scout, and eight months later I was back at Dr. Guo’s clinic in Zhengding with an amazing crew to begin filming.

Maryse Alberti is a cinematographer I have always admired. When I called her to ask about her availability, she was immediately interested in the subject. She helped put together the team with her friend, sound engineer Brenda Ray, and her assistant cameraman, Ben Bloodwell.

ARRIVING AT THE CLINIC

When you arrive at Master Guo’s clinic (also known as the Xiuyang Institute), there is no question that this is a very special place. I had the distinct feeling that I was “home.” I also felt as though people perceived me in a way that very few people ever have. It was as though they knew me on a deeper level.

Immediately, they start to take care of your health. Everyone is given a diagnostic tongue reading by Dr. Guo. This was also true for the crew. Dr. Guo does tongue readings in the morning, so we lined up with about a hundred other people. Translators helped us to write down any symptoms we needed to report. Photos were taken of our tongues and projected onto a huge screen. Then Dr. Guo proceeded to explain our conditions to the audience and prescribed herb formulas specific to them. We all felt a little embarrassed to see our tongues magnified a thousand times on a screen. Later that night, the prescriptions magically appeared in our rooms.
The first day we toured the clinic. We saw the rooms where the herbs are stored, the prescriptions prepared and where the herbs are boiled. We also got the tour of the massage rooms for “touch massage,” “non-touch massage” and “fire massage.” We were told that Dr. Guo had given each of us a prescription for the type of massage that we would have that night. The crew was very excited about the massages. We couldn’t wait until after dinner.

For dinner we ate in a private dining room next to the Guo family. The crew and some other guests from Taiwan ate together. The Guo family, including five daughters and Mrs. Guo, came in with Dr. Sha to welcome us. The meals were unforgettable, with an endless assortment of dishes.

After the meal, the crew was instructed to go for their massages. From the first night on, there was no chance of shooting in the evening. Top priority for everyone was massage. This is one aspect of our time at the clinic that the crew will never forget!

THE SHOOT IN CHINA

Spending time with Dr. Guo, his family and Dr. Sha was a life-changing experience. Having the opportunity to ask questions of such innovative doctors and spiritual masters was extraordinary. Each of Dr. Guo’s daughters welcomed us into their homes, explaining how they welcome all who come as family.

All of the practitioners at the clinic were as warm and open-hearted. We became fast friends as they introduced us to the innovative techniques they use – techniques they were taught by Dr. Guo. At night we did the “touch massage” and “fire massage” but during the break, crew members would often find each other stretched out on a massage table in the “non-touch massage” room. There we deeply relaxed and felt as though we were floating somewhere in the space.

I remember when we asked patients to give a short testimonial of their experience at the clinic. Many people lined up in the cold of winter to offer their thanks. It was moving and inspirational.

BACK IN THE STATES

After we left China, I followed Dr. Sha for more than a year throughout the United States and Canada as he did workshops, teachings and
healings. I witnessed transformational healings and experiences over and over again. Most of them were totally unexpected as Dr. Sha could not help himself from giving healings to anyone who needed them anywhere, including in parking lots and hotel lobbies. Several of these healings appear in the film.

During that time we also began the editing process. I was very glad that Melody London came on board. She made an enormous contribution to the film. There was a monumental amount of footage and much of it was in Mandarin. We shot one hundred hours of footage. Melody introduced me to Drew Hopkins who translated most of the interviews and became a consultant on the film.

It was rewarding to watch people as they worked on the film. Somehow I feel that each of us changed, and some of us were healed, as we went from pre-production to production and post-production.

From the beginning of this project I felt that by participating in any way, either though working or watching, that people would be transformed. I have experienced it for myself and for my family. I hope that the message Dr. Guo and Dr. Sha bring will help others as it has helped the many people portrayed in the film.

ABOUT THE SUBJECT MATTER

**Dr. Guo:** Body Space Medicine is based on a discovery. The impact of energy directed into the body stimulates cell vibration. It restores the cells. It strengthens and regulates bodily functions. Body Space Medicine sees all diseases as caused by irregularities in body fluids. By regulating fluid in the body – once the body’s fluids are normally circulating – illness will dissipate.

**Dr. Guo:** When patients come to me for treatment, the first step is to take a picture of their tongue. Second, that picture is transferred to my computer for analysis. Third, after analysis, I complete a diagnosis and write [an herbal remedy] prescription. That is the process.

**Dr. Sha:** The tongue itself shows the condition of the organs: the heart, the lungs, the kidneys. The coating on the tongue reflects the quality of the energy flow between the organs.

**Sande Zeig:** In conjunction with his herbal treatment, Dr. Guo has developed three types of massage to stimulate the circulation of
energy according to his theories of Body Space Medicine. “Touch massage” uses rapid movement to stimulate cellular vibration. “Fire massage” uses heated wine mixed with herbs to treat internal diseases externally. The third type of massage Dr. Guo teaches is “non-touch massage” where the practitioner uses his own healing abilities to restore health.

**Dr. Guo:** The thinking behind the fire therapy in Body Space Medicine comes from Zhang Zhongjing’s Han Dynasty classic on herbal medicine, the Shanhan Lun. In applying wine directly onto a sprain, I found that putting herbs in heated wine produced better results. The herbs made the heat penetrate deeper. It enhanced cell stimulation. So I started researching the direct application of burning wine. This way, I could stimulate the circulation of the body’s vital energy and thus achieve the goal of restoring and strengthening the body. “Fire massage” of the head, when the mind is still, can help to open the Third Eye, awakening spiritual perception.

**Sande Zeig:** The foundation of Dr. Sha's work is Body Space Medicine. Dr. Sha has added a greater emphasis on the soul and the soul’s ability to heal to create what he calls Soul Mind Body Medicine.

**Dr. Sha:** People talk about mind over matter, the power of the mind. But I think the power of the mind is not enough. The next step is soul over matter, the power of the soul. Everyone and everything has a soul. The soul can heal.

**BIOS**

**ABOUT DR. ZHI CHEN GUO**

One of the most renowned Chinese doctors in the world, Dr. Zhi Chen Guo has unique capabilities in, and beyond, traditional Chinese medicine. When he was sixteen years old, he began to practice medicine, rapidly gaining experience, knowledge and insight as well as an excellent reputation and regard from his patients.

For several decades, Dr. Guo has also studied many rare ancient teachings intensively. His deep understanding of this ancient wisdom has greatly enhanced his own development. He has also taken the medical knowledge and wisdom he has acquired in clinical practice for almost fifty years and insisted on exploring, testing and developing traditional Chinese medicine with scientific methods.
As a researcher, Dr. Guo has made significant contributions to the understanding of diseases of the heart and circulatory system (e.g., cardiovascular disease, high blood pressure, phlebitis), diabetes and especially cancer.

The year 1993 marked the establishment of Guo Zhi Chen Clinic in Zhengding, Hebei Province. Dr. Guo and his personally-trained staff have treated hundreds of thousands of patients at his clinic. At one point, more than 10,000 patients a day were visiting the clinic for treatment. In 1999, Dr. Guo’s powerful work was spotlighted in the PBS documentary, *Qigong: Ancient Chinese Healing for the 21st Century*.

Dr. Guo has been honored as “Most Exceptional Practitioner” by the Grand System of World Traditional Medicine in Beijing. He received an Honorary Doctorate in traditional Chinese medicine from the American Academy of World Traditional Medical Science, has been a Visiting Professor at the Institute of World Traditional Medicine (California) and was named Honorary Professor at the Canadian Institute of Complementary and Alternative Medicine Research. Most recently, he received a Lifetime Achievement Award from the First International Medical Congress: Facing the Global Challenge of Cancer at the United Nations.

Dr. Guo is the author of twelve books and several papers. His seminal writings in Qigong and medicine include *Dong Yi Gong, Zhi Neng Medicine* and *Body Space Medicine*. His latest innovation, Body Space Medicine, is a revolutionary cellular science that distills Dr. Guo’s decades of clinical experience and research and adds the deep wisdom and insight that he has gained through his abilities as a medical intuitive.

Above all, Dr. Guo emphasizes the importance of preserving health, preventing illness and purifying one’s heart. Despite his vast storehouse of knowledge and wisdom, and his great creativity and success, Dr. Guo remains a humble doctor and teacher. His only goal is to help his patients, teach his students and serve humanity.

**ABOUT DR. ZHI GANG SHA**
Zhi Gang Sha is a world-renowned healer, physician, author and educator.

Born in the Shaanxi province of China, Dr. Sha became interested in healing as a young child. He observed people in his immediate and
extended family struggling with a variety of illnesses. People with breathing difficulties, and asthma in particular, caused him great concern.

His journey to becoming a master in several Eastern martial arts began at the age of six when he asked a Tai Chi master to accept him as a student. When he was ten, he was accepted as a student by a master of Qigong. His training continued until he became a master in Tai Chi, Qigong and Kung Fu. He also mastered feng shui and the I Ching. Later, Dr. Sha would integrate the essence of ancient healing traditions from the East with scientific principles from the West to create the breakthrough healing systems of Power Healing and Soul Mind Body Medicine.

At the age of 22, even before completing his training as a physician, Dr. Sha began to combine the knowledge of energy manipulation he had learned through his practice of martial arts with traditional Chinese acupuncture and developed his own unique acupuncture system. He went on to study at Xi’an Jiaotong University and completed his medical degree in Western medicine in 1983.

He was also certified as an acupuncturist and herbalist by the World Health Organization’s Institute of International Acupuncture and Moxibustion in Beijing, where he taught acupuncture, Tai Chi and Qigong to foreign physicians. He is also a doctor of traditional Chinese medicine and registered acupuncturist in Canada. Dr. Sha also completed a Master’s degree in Hospital Administration at the University of the Philippines in 1988.

He first heard of Dr. Guo in 1989 when his own father sent him a copy of Guo’s Dong Yi Gong, a treatise on the use of mind power in healing. It was not until several years later, in 1993, that they finally met in person. Dr. Sha had by then been spreading Dr. Guo’s Dong Yi Gong and Zhi Neng Medicine precepts in the Philippines and Canada. At that time, Dr. Guo named Dr. Sha his first disciple and master teacher of Zhi Neng Medicine. In 1994, Dr. Sha became Dr. Guo’s worldwide representative.

In 1996, Dr. Sha published Zhi Neng Medicine: Revolutionary Self-Healing Methods from China to bring Zhi Neng Medicine to the West. In 1999, he appeared with Dr. Guo in a documentary produced for the Public Broadcasting System called Qigong: Ancient Chinese Healing for the 21st Century. In 2002, he was named Qigong Master of the Year at the Fifth World Congress on Qigong. In 2004, he was named
Grandmaster of Body Space Medicine by Master Guo.


Dr. Sha is committed to spreading the messages of soul healing, soul enlightenment and universal service worldwide. Every week, he offers free remote healing and teaches soul wisdom in free teleclasses and two radio programs. In 2006, he held more than 140 events around the world to spread the practice of Soul Mind Body Medicine. Dr. Sha received the Martin Luther King Jr, Commemorative Commission award from the state of New Jersey at the Third International Youth Congress at the United Nations.

**DIRECTOR/PRODUCER**  

Zeig is President of Artistic License Films, a film distribution company that has distributed over a hundred films including films by Ismail Merchant, Michel Negroponte, Jim Stark, Kore-edo Hirakazu, Theo Angelopoulos, Agnes Jaoui, Jeanne Jordan & Steve Ascher, Josh Aronson & Roger Weisberg, DA Pennebaker & Chris Hegedus, Kirby Dick and Jennifer Fox.

She is currently in production on a documentary about White Mountain Apache women firefighters called *Apache 8*.

**DIRECTOR OF PHOTOGRAPHY**  
Maryse Alberti attended the American Film Institute and was the first woman featured on the cover of *American Cinematographer* magazine. She has worked as a cinematographer for the past three decades.
shooting films for notable directors including Todd Haynes, Michael Apted, Christopher Coppola, Todd Solondz and Richard Linklater. Her films include *Velvet Goldmine*, *Tape*, *We Don’t Live Here Anymore*, *Paris Is Burning*, *Poison*, *When We Were Kings*, *Crumb*, *Happiness*, *Enron: The Smartest Guys In The Room*, *Dear Diary*, *The Onion Movie* and *Taxi To The Dark Side*.

Maryse has been awarded a Sundance Film Festival Cinematography Award (1990) for *H-2 Worker*; Sundance Film Festival Cinematography Award (1995) for *Crumb*; Independent Spirit Award (1999) for *Velvet Goldmine*; Independent Spirit Award nomination (2004) for *We Don’t Live Here Anymore* and the Kodak Vision Award (2006).

EDITORS

**Melody London** has worked for over two decades with several luminaries of the New York avant-garde film world including Jim Jarmusch, Beth B, Laurie Anderson, The Wooster Group and Richard Hell. She has received many rewards for her work as editor including Best Picture at both the Cannes and Sundance Film Festivals. Throughout her career, she has alternately worked on feature films, including Hollywood mainstream movies, and social issue documentaries. Melody has also taught film production and history at both the California Institute of the Arts and New York University’s Tisch School of the Arts.

**Chi-Yoon Chung** has been working in the editorial realm for the last ten years on projects as varied as Nike spots and *Roving Mars* to *The Stepford Wives* and *The Nanny Diaries*. She started off as a Germanic major at Princeton and working in theater at the Hartford Stage with directors like Mark Lamos and Barlett Sher before deciding she wanted to try her hand in the film business in New York.

ORIGINAL MUSIC

**Chun-Yen Chiang** has been a renowned composer in Asia for more than 20 years. Mr. Chiang received the Jin Qu Award, the most prestigious award in Taiwan for the music industry. His early compositions, which are known worldwide, include *The Mantra of Great Compassion*, *The Six-Word Mantra of Illumination*, *The Heart Mantra of the Medicine Buddha* and *The Mantra of Good Fortune*. In 2002, Mr. Chiang began composing music for Dr. Sha including *Universal Light, Shining Soul Light*, *God’s Light* and *Follow Nature’s Way*.

CREDITS
<table>
<thead>
<tr>
<th>Role</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>Directed &amp; Produced by</td>
<td>Sande Zeig</td>
</tr>
<tr>
<td>Executive Producers</td>
<td>Hour Leigh &amp; Adam Barr</td>
</tr>
<tr>
<td>Director of Photography</td>
<td>Maryse Alberti</td>
</tr>
<tr>
<td>Editors</td>
<td>Chi-Yoon Chung &amp; Melody London</td>
</tr>
<tr>
<td>Music</td>
<td>Chun-Yen Chiang</td>
</tr>
<tr>
<td>Art Director &amp; Stylist</td>
<td>Cheryl Hurwitz</td>
</tr>
<tr>
<td>Post Production Supervisor</td>
<td>Karen Yaeger</td>
</tr>
<tr>
<td>Location Sound Engineer</td>
<td>Brenda Ray Seivright</td>
</tr>
<tr>
<td>Assistant Camera</td>
<td>Ben Bloodwell</td>
</tr>
<tr>
<td>Beijing Line Producers</td>
<td>Shan Dongbing &amp; Mina Wang</td>
</tr>
<tr>
<td>Beijing Camera Assistant</td>
<td>Si Liuyan</td>
</tr>
<tr>
<td>Grip</td>
<td>Chang Xiu Long</td>
</tr>
<tr>
<td>Beijing Driver</td>
<td>Liu Jun</td>
</tr>
<tr>
<td>Zhengding Translators</td>
<td>Sunny Jian, Liu Tiansheng &amp; Yi Feng</td>
</tr>
<tr>
<td>Additional Camera</td>
<td>Gerard Angé, Ben Bloodwell, Allison Kelly &amp; Sande Zeig</td>
</tr>
<tr>
<td>Additional Sound Recording</td>
<td>David Hocs</td>
</tr>
<tr>
<td>Consultants</td>
<td>Allan Chuck, Drew Hopkins &amp; Shu Chin Hsu</td>
</tr>
<tr>
<td>Translators</td>
<td>Drew Hopkins &amp; Mi Ling Tsui</td>
</tr>
<tr>
<td>Additional Editing</td>
<td>Mari Keiko Gonzalez</td>
</tr>
<tr>
<td>On-Line Editors</td>
<td>Mari Keiko Gonzalez &amp; Christine Mitsogiorgakis</td>
</tr>
<tr>
<td>Role</td>
<td>Name and Details</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>----------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Sound Editors</td>
<td>Marlena Grzaslewicz &amp; Mariusz Glabinski, 701 Sound</td>
</tr>
<tr>
<td>Animation</td>
<td>Gary Leib, Twinkle</td>
</tr>
<tr>
<td>Re-Recording Mixer</td>
<td>Sue Pelino, Creative Group</td>
</tr>
<tr>
<td>Assistant Audio Engineer</td>
<td>Doron Reizes</td>
</tr>
<tr>
<td>Post Mix Facility</td>
<td>Creative Group</td>
</tr>
<tr>
<td>VO Recording</td>
<td>Billy Harper, Full House Productions, Sue Pelino, Creative Group</td>
</tr>
<tr>
<td>Assistant Editors</td>
<td>Adam Contini, Erik Chappelle, Brad Kimbrough &amp; Ky Lu</td>
</tr>
<tr>
<td>Second Assistant Editors</td>
<td>Max Anderson, Michelle Brundige &amp; Jasmin Way</td>
</tr>
<tr>
<td>Transcription</td>
<td>Ryan McAfee</td>
</tr>
<tr>
<td>Production Assistant</td>
<td>Sonja Daly</td>
</tr>
<tr>
<td>Interns</td>
<td>Katherine Lamb &amp; Rebekah A. Berlin</td>
</tr>
<tr>
<td>Additional footage</td>
<td><em>Qigong: Ancient Chinese Healing for the 21st Century</em> by Francesco Garripoli</td>
</tr>
<tr>
<td>Additional Music</td>
<td><em>Disco A-Go-Go</em>, composed by Steve Johnson &amp; Chris Slack, provided by DeWolfe Music/USA</td>
</tr>
<tr>
<td>Photographs Courtesy of:</td>
<td>Adam Barr, The British Picture Library, Jill Caire, Allan Chuck, Guo Family, Jean Makanna, Kara Marantha Messinger, Sha Family &amp; Zeig Family</td>
</tr>
<tr>
<td>Subtitles</td>
<td>Creative Group</td>
</tr>
</tbody>
</table>

Copyright 2007  926363 Ontario Limited